



Marriage & Family Therapy of Trumbull
Helping individuals, couples and families

Coffee Talk!

A new group is in town, and it's for you, Ladies!

Complain Without Criticism!
Share your stories – both good and bad.

At Marriage & Family Therapy of Trumbull, we have just announced a weekly support group for women only!

Beginning on Monday, March 9 at 11am, we will be meeting every Monday. Come together with other women and support one another through these uncertain and historic times.

Our therapists are ready to help structure and guide the topics to make the most of your time for the best benefit to you.

Please call us at **203-416-6008** to learn more about us, the group and how to register.

Beginning Monday, March 9
11:00 am

Pre-Pay Discount – 6 Mondays for \$160.00
or \$30/week