

Helping individuals, couples and families

## "I do" and Beyond

## A Pre-marital/Newlywed Educational Workshop

At Marriage & Family Therapy of Trumbull, we have just announced an educational workshop for couples thinking about getting married or couples who have just recently exchanged vows.

What makes a marriage successful? How can you be prepared for the road ahead?

Join us as we explore the following 6 topics: marital expectations, family planning/goal setting, communication and conflict resolution, intimacy and sexuality, managing finances and challenges related to family of origin.

Please call us at 203-416-6008 to learn more about us, the workshop and how to register.

Space is limited, please register by May 26.

Saturday Mornings
May 30 & June 6, 2009
9:00am - 12pm
\$180.00 per couple

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